

METAL FATIGUE

BOURNEMOUTH BODY PIERCING CLINIC

Thank you for choosing Metal Fatigue for your new piercing.

Please read the following leaflet carefully as it underlines some important information, which will aid a quick and effective healing process.



If you are unsure of anything, have any questions or adverse reactions please don't hesitate to contact us. Remember we are here to help you.

There are various factors which will determine the healing time of your piercing. These include diet, lifestyle, your immune system and irritation to the piercing during the healing period.

Problematic piercings are usually caused by:

- Not washing hands thoroughly before cleaning the piercing.
- Not following our given aftercare procedures.
- Aggravation (due to clothing etc... on the area).
- Touching or playing with piercing/jewellery unnecessarily.

**Second Floor, Carlton Mansions, 200 Old Christchurch Road
Bournemouth – BH1 1PD
(Above Mandarin Restaurant)**

 **01202 315 315** 

Cleaning your piercing:

The most effective way of cleaning your piercing will be to use a SEA SALT & WATER solution, (saline solution).

To make your saline solution mix $\frac{1}{4}$ - $\frac{1}{2}$ teaspoon of sea salt to $\frac{1}{2}$ pint or 450ml (approx. a mug) of boiled water. Wait until the solution cools down to luke-warm before starting your cleaning procedure. This will prevent you causing accidental burns.

First 3 days;

1. Soak a wedge of clean tissue with the solution and place on the piercing for a few minutes or until it cools down.
2. You can then remove any dry matter gently from each side of the piercing and the jewellery with a newly soaked piece of tissue without rotating or moving the jewellery.
3. Finish your cleaning by patting it dry with a clean tissue.

After 3 days;

Repeat step 1 & 2. After making sure that piercing and the jewellery are free from dry matter, rotate/slide the jewellery gently to the one side of the piercing, gently cleaning excess discharge with the same solution. Repeat this at each of the entry points then finish your cleaning by patting it dry with a clean tissue.

It is important to follow this cleaning process twice daily until the piercing is fully healed. This must be done in the evening before going to bed (as this is the most common time for bacteria to enter the piercing), and should be done in the morning before starting your active day.

It is also advisable to carry a small can of sterile saline solution (this can be purchased from any chemist at a small cost) to clean your piercing after contact with excessive dirt/grease etc...

This may sound complex however, after a couple of days it will become 2nd nature.

CONSENT FORM

Do you suffer from	Yes	No
Any heart conditions (inc. heart 'murmurs')?		
Haemophilia? (blood clotting disorder)		
Haemorrhaging (bruise easily) or any medical condition that may cause a tendency to haemorrhage? E.g. Leukaemia.		
Immune compromising conditions?		
High or Low blood pressure?		
Diabetes?		
Epilepsy in any form?		
Allergic responses to adhesive dressings, creams, metals or latex?		
Skin conditions such as eczema, psoriasis and warts?		
Impetigo, a skin infection often caused by the bacterium <i>Streptococcus</i> ?		
Any blood-borne viruses such as HIV, Hepatitis B and C?		
Have you		
Taken blood thinning medication e.g. aspirin in the last 24 hours?		
Taken any recreational drugs / alcohol in the last 24 hours?		
Eaten in the last 4 hours?		
Slept well in the last 24 hours?		
Are you		
Pregnant / a nursing mother?		
Prone to fainting / dizziness?		
On any medication? If 'Yes' please specify.....		

The information I have provided in this consent form is true to the best of my knowledge and I am not under the influence of alcohol or drugs. I also confirm that I have requested this piercing of my own free will.

I understand that the piecing will be carried out under hygienic conditions using the appropriate sterile instruments (including pre-sterilised single use needles), jewellery and techniques. I also understand that no form of anaesthetic will be used in this procedure.

I confirm that I am not taking any other medication or suffering from any other illness, condition or allergy, which a reasonable person should be aware of and may react adversely to or be aggravated by a piercing. I understand that the new piercing is susceptible to infection until healed and that proper aftercare of the piercing site once I leave the studio is my responsibility. I confirm that I have been given the aftercare procedure in writing and that it has been explained to me and that I understand it. I also confirm that I will follow the aftercare procedure until the healing process is complete. I understand that, notwithstanding the hygienic conditions and the sterile instruments, jewellery and techniques used by this piercing establishment, there are associated risks with piercing which include infection, scarring, allergic reactions, localised swelling, jewellery embedding and that the piercing may grow out. In giving this consent, I release this piercing establishment, and it's employees from all liabilities, actions and demands which I may have now or in the future for any loss or damage suffered howsoever caused as a result of my piercing (except as a result of a fraudulent mis-statement) or in respect of personal injury caused by ourselves, negligence and any failure on my part to follow the aftercare procedures.

I hereby declare that I give my full consent to:
of Metal Fatigue to carry out the following piercing/s.

Full name.....

Mobile or Daytime Contact No.....

E-mail

Address.....

Age..... Date of Birth / /

ID Shown – **Yes / No** Type of ID provided.....

Signature.....

Date / / Time / am / pm

PARENTAL CONSENT

I confirm that all of the information provided to you in the Consent Form is correct to the best of my knowledge and I hereby consent to the piercing referred to in this form of

(Name of customer)

Parent's Name.....

ID Shown – **Yes / No** Parent's Signature.....

Studio use: Description Gauge ID/Stem

Jewellery Used: / mm. / mm. **Price £** ,